



**ADVANCED PHYSICAL MEDICINE**  
**RESTORE.RENEW.REGENERATE**

8821 University East Drive Suite #120  
Charlotte, NC 28213  
704.428.9006  
www.apmr3.com

*Please fill out the application entirely and legibly.*

**PERSONAL INFORMATION**

Name \_\_\_\_\_ Nickname \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

\*We will need to contact you by phone & email. Please be sure to give us the best phone number to reach you\*

Date of Birth \_\_\_\_\_ Social Security \_\_\_\_\_

Spouse's Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Your Occupation \_\_\_\_\_ Retired?  Yes  No

Primary Care Physician: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

**WORKERS COMPENSATION / PERSONAL INJURY:**

Were you recently involved in a motor vehicle accident or worker's compensation case? YES NO

If yes, please inform the front desk.

**PRIVATE HEALTH / MEDICARE INSURANCE INFORMATION**

Insured's Name: \_\_\_\_\_ Insured's SS#: \_\_\_\_\_

Patient's Relationship To Insured: \_\_\_ Self \_\_\_ Spouse \_\_\_ Child \_\_\_ Other: \_\_\_\_\_

Name of Insurance Company: \_\_\_\_\_

Address: \_\_\_\_\_

Insurance Phone #: \_\_\_\_\_ Policy Number: \_\_\_\_\_

**SECONDARY INSURANCE**

Insured's Name: \_\_\_\_\_ Insured's SS#: \_\_\_\_\_

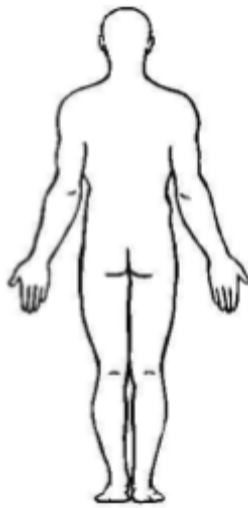
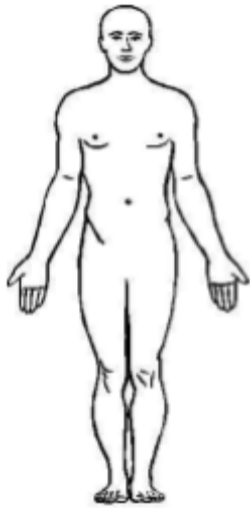
Name of Insurance Company: \_\_\_\_\_

Address: \_\_\_\_\_

Insurance Phone #: \_\_\_\_\_ Policy Number: \_\_\_\_\_

**REVIEW OF SYMPTOMS** → Please check ALL that apply

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Foot Pain           | <input type="checkbox"/> Leg Pain          | <input type="checkbox"/> Arthritis in Feet                  |
| <input type="checkbox"/> Hand Pain           | <input type="checkbox"/> Plantar Fasciitis | <input type="checkbox"/> Implanted Cord/ Bladder Stimulator |
| <input type="checkbox"/> Low Back Pain       | <input type="checkbox"/> Herniated Disc    | <input type="checkbox"/> Sciatica                           |
| <input type="checkbox"/> Neck Pain           | <input type="checkbox"/> Morton's Neuroma  | <input type="checkbox"/> Pinched Nerve                      |
| <input type="checkbox"/> Foot Numbness       | <input type="checkbox"/> Bulging Disc      | <input type="checkbox"/> Poor Circulation                   |
| <input type="checkbox"/> Hand Numbness       | <input type="checkbox"/> Cancer            | <input type="checkbox"/> Joint Replacement                  |
| <input type="checkbox"/> Diabetes            | <input type="checkbox"/> Spinal Stenosis   | <input type="checkbox"/> Foot Surgery                       |
| <input type="checkbox"/> High Cholesterol    | <input type="checkbox"/> Chemotherapy      | <input type="checkbox"/> Poor Wound Healing                 |
| <input type="checkbox"/> Vascular Problems   | <input type="checkbox"/> Degenerative Disc | <input type="checkbox"/> Excessive Thirst or Urination      |
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Arthritis in Hand |   |



❖ Please mark the area & type of pain on the drawings using the codes listed below.

N - Numbness    T - Tingling    S - Soreness    P - Pain  
A - Ache    ST - Stiffness

Please explain if needed:

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**PRESENT HEALTH CONDITION**

❖ In order of importance, list the health problems you are most interested in getting corrected.

1. \_\_\_\_\_
2. \_\_\_\_\_

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❖ Is there a certain time of day any of these problems are better or worse?

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❖ Is your balance/walking affected? *If yes, please describe:*

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❖ List approximately how long you have noticed these problems:

1. \_\_\_\_\_
2. \_\_\_\_\_

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❖ Circle the things you have used for these problems:

*Gabapentin    Neurontin    Lyrica    Cymbata  
Physical Therapy    Pain Medications    Aleve  
Tylenol    Ibuprofen    Motrin    Chiropractic  
Massage Therapy    Injections    Creams*

❖ What do you think is causing your problem?

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\* Name of all the doctors you have seen for these problems and treatment you received:

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\* Have your symptoms:  Improved  Worsened  Stayed the same

\* List anything that makes your condition

worse \_\_\_\_\_

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\* List anything that makes your condition better \_\_\_\_\_

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\* How would you describe the symptoms? *Please check ALL that apply*

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Aching Pain   | <input type="checkbox"/> Tingling            | <input type="checkbox"/> Dead Feeling      |
| <input type="checkbox"/> Stabbing Pain | <input type="checkbox"/> Pins & Needles Pain | <input type="checkbox"/> Cold Hands/ Feet  |
| <input type="checkbox"/> Sharp Pain    | <input type="checkbox"/> Heavy Feeling       | <input type="checkbox"/> Cramping Swelling |
| <input type="checkbox"/> Tiredness     | <input type="checkbox"/> Hot Sensation       | <input type="checkbox"/> Burning           |
| <input type="checkbox"/> Numbness      | <input type="checkbox"/> Throbbing Pain      | <input type="checkbox"/> Electric Shocks   |

\* Is this condition interfering with any of the following?

- |                                       |   |                                   |
|---------------------------------------|---|-----------------------------------|
| <input type="checkbox"/> Sleep        | <input type="checkbox"/> Work             | <input type="checkbox"/> Standing |
| <input type="checkbox"/> Recreational | <input type="checkbox"/> Walking          |                                   |
| <input type="checkbox"/> Activities   | <input type="checkbox"/> Daily Activities |                                   |

**SOCIAL HISTORY**

Do you smoke? Yes No If yes, how many cigarettes daily? \_\_\_\_\_

Do you drink? Yes No If yes, how often? \_\_\_\_\_

Do you exercise regularly? Yes No If yes, how often? \_\_\_\_\_

**CURRENT PAIN LEVELS**

\* How would you rate your pain in the last week?

NO PAIN 1 2 3 4 5 6 7 8 9 10 WORST PAIN POSSIBLE

\* If you had to accept some level of pain after completion of treatment, what would be an acceptable level?

NO PAIN 1 2 3 4 5 6 7 8 9 10 WORST PAIN POSSIBLE

**PREVIOUS HEALTH CONDITION**

PAIN POSSIBLE: This is a confidential record of your medical history and pertinent personal information. The doctor reserves the right to discuss this information with medical and allied health professionals as per the informed consent. Copies of this record can only be released by your written authorization, unless you sign here indicating that we can release copies by your verbal request.

Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\* Please give name, address and office number of your primary care physician.

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

\* When were you last seen there? \_\_\_\_\_

\* May we send them updates on your treatment/condition? Yes No

\* List ALL allergies/sensitivities to medication, food, and other items here: Reaction:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\* List the prescription drugs you are currently taking (or you may attach a list):

Name	Dose (mg or IU)	Times Daily
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Are you taking any prescription blood thinners? YES NO If yes, which one:

___ Coumadin	___ Orgaran	___ Prasugrel
___ Heparin	___ Innohep	___ ReoPro
___ Lovenox	___ Fragmin	___ Ticlid
___ Warfain	___ Argatroban	___ Trental
___ Pradaxa	___ Plavix	___ Persantine
___ Debigatran	___ Effient	___ Other: _____

Reason why you're taking blood thinners: \_\_\_\_\_

\* List all nutritional supplements (vitamins, herbs, homeopathic, etc.) as above :

Name	Dose (mg or IU)	Times Daily
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

\* Please mark the following that applies:

- |  |   |
|--|---|
| <input type="checkbox"/> Post Organ Transplant or on Transplant List | <input type="checkbox"/> Active Cancer /Active Cancer in Last 5 Years |
| <input type="checkbox"/> Immunocompromised                           | <input type="checkbox"/> Significant Food/Drug Allergies              |
| <input type="checkbox"/> HIV Positive                                | <input type="checkbox"/> Known Sensitivity To Glycerol                |
| <input type="checkbox"/> Active Flu-Like Symptoms                    |   |
| <input type="checkbox"/> Pregnant, or Trying To Become Pregnant      |   |